



PE at St Bartholomew's CE (VC) Primary School

At St Bartholomew's CE (VC) Primary School, we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at St Bartholomew's, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.



In PE yesterday, we started to learn about different zones in Netball. We looked at zones like defense and attack during a game of benchball. We had so much fun! I am so proud of our improvements in PE.



EYFS

As part of the EYFS statutory framework pupils are taught:

Physical development - involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively.

Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Key stage 1



Today we learnt a dance in the style of an Inuit!

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities



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- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.



In P.E this week we have worked on how to move around and be aware of others. We then practiced how to dodge a ball using both feet.

Key stage 2

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, basketball, cricket, football, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team through our excellent Forest School provision
- compare their performances with their own and their peers' previous performances and demonstrate improvement to achieve their personal best.



Wednesday in PE. We thought about throwing and moving into space.



Swimming

KS1 and KS2 attend swimming lessons for at least one term.

Impact

P.E is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically-demanding activities. At St Bartholomew's, we provide opportunities for children to become physically confident in a way which



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supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At St Bartholomew's we use formative assessment to determine children's understanding and inform teachers planning.

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