



At St Bartholomew's C.E. Primary School, we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. Our PE curriculum has been developed using our school vision and values and with our curriculum intent.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at St Bartholomew's, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

EYFS

As part of the EYFS statutory framework pupils are taught:

Physical development: involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively.

Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Key Stage 1

In Key Stage 1, the children develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They learn to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

The children are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key Stage 2

The children continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

PE at St Bartholomew's C.E. (VC) Primary School



'Nurture, Grow, Flourish'

The children are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, basketball, cricket, football, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team through our excellent Forest School provision
- compare their performances with their own and their peers' previous performances and demonstrate improvement to achieve their personal best.



Forest School

At St. Bartholomew's C.E. Primary School, we look to use our beautiful natural surroundings to enhance the children's learning. Each week, all our pupils have a forest school session and the forest school ethos and approach to outdoor learning encourages children to become independent, use their imagination, take appropriate risks within boundaries and initiate learning for themselves. Forest School is a holistic approach to learning, incorporating children's individuality and develops their skills for lifelong learning. It can cover many areas of learning, including the emotional and spiritual aspects of learning where self-esteem and self-confidence can grow and positive relationships with peers can be formed. Forest School explores the outdoors and the natural environment with practical, useful activities all year round.



Out of School Hours Learning (OSHL)

St. Bartholomew's C.E. Primary School supports children to meet the health recommendations of being physically active for at least an hour a day (not limited to P.E. lessons). A range of out-of-hours activities may be offered outside the curriculum (throughout the school year). They may be delivered by members of staff or coaches who have the necessary qualifications or experience.



Impact

PE is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically-demanding activities. At St Bartholomew's, we provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At St Bartholomew's we use formative assessment to determine children's understanding and inform teachers planning.

Equal Opportunities and Inclusion

All children will have access to the full range of physical activities within the curriculum, irrespective of gender/ gender identity, disability, ability, social background, language or ethnicity. Staff will follow the regulations set out in the Special Educational Needs and Disabilities Act 2001 and the Disability Discrimination Act 2005, and will take all reasonable steps to ensure inclusive education through differentiation and appropriate intervention strategies. At St. Bartholomew's C.E. Primary School, all children will benefit from Physical Education and every effort is made to ensure that activities are equally interesting and challenging for all and offer a range of experiences. For the purposes of competitions, it is our aim that all children will be given the opportunity to participate and gain this experience should they wish to do so. Adaptations and reasonable adjustments will be made to support children with additional needs.

Christian Distinctiveness

We aim to weave Christian distinctiveness into all aspects of the fabric of school life and curriculum. We will promote our school values of courage, creativity, joy, kindness and respect.

"In order...to succeed in life, God provided us with two means: education and physical activity. Not separately, one for the soul and the other for the body, but for the two together. With these means we can achieve perfection" - Plato

'Mens sana in corpore sano' - Juvenal